



ST. ALBERT CATHOLIC HIGH SCHOOL NEWSLETTER



33 Malmo Dr. St. Albert, AB * T8N 1L5 Phone: 780-459-7781 * www.sachs.ab.ca

December 2009

A Warm Christmas Wish



Dear Parents, Students and Staff,

Merry Christmas to you all!! The season of Advent is an opportunity to slow down, prepare ourselves for the birth of Christ and open our hearts to the blessings that surround us.

We are especially grateful for the wonderful people in our lives; our students who show such respect and compassion to those around them, the staff who go above and beyond to support the students in their care, and our parents who are so generous with their encouragement and assistance.

During this Holy season we wish you all time to visit, to pray and to rest. May your holidays bring you laughter, comfort and contentment.

Mrs. Cathy Rasmussen
Principal

Mr. Garret Doll
Principal

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KEY DATES

December 2009

- December 2 - Bio 30 students watching live Open Heart Surgery
- December 7 - 10 - Grad Photos will be taken
- December 11 - Staff Meeting/PD Day - No Classes
- December 14 - Senior Girls BB Team off to Cuba
- December 18 - last day of classes before Christmas Break

January 2010

- January 4 - Classes resume
- January 14 & 15 - ELA & SS Diploma exams for students taking these 30-level courses - morning only. Regular classes for grade 12 students in the afternoon.
- January 14 & 15 - regular classes as usual for all grade 10 and 11 students
- January 19 - last day of classes for Semester 1
- January 19 - Parent Council Meeting @ 7:00 pm
- January 20 - 28 - Semester 1 Final Exams for all students
- January 28 - 30 - Optimist Showdown Basketball Tournament
- January 29 - Staff Meeting/PD Day - no classes

February 2010

- February 1 - first day of Semester II
- February 3 - Final Reports Cards for Semester 1 distributed
- February 4 and 5 - Teacher's Convention
- February 9 - Parent Grad Meeting
- February 9 - order Grad portraits (3:00-6:00 pm)
- February 15 - Family Day - no classes
- February 16 - Parent Council Meeting @ 7:00 pm
- February 19 - Early Dismissal @ 11:40 am





Final report card for Semester 1 will be handed out to students on WEDNESDAY, February 3, 2010.

SACHS CHRISTMAS CONCERT is on Tuesday, December 15, 2009.



GRAD PHOTOS: Grad photos will be taken the week of December 7, 2009. Sign up sheets are now available. Please ensure you have signed up for a session. You will need to pay a deposit fee upon signing up (Either \$20.00 if Jostens is providing your photo package, or \$5.00 to have your picture in our yearbook only). Please see Mrs. OSTROM in the office to book a photo session.

Regular Board Meetings For 2009-2010
6 St. Vital Avenue, St. Albert, AB
780-459-7711

NOTE: Meetings are now scheduled for Monday evenings. Dates and locations for regularly scheduled Board meetings are listed below. Start time is usually scheduled for 7:30 p.m., unless otherwise posted. All meetings listed below area at Division Office, except the April 19 meeting.

December 14	April 19 @ Legal School
January 18	May 17
February 8	June 14
March 15	

RAP/Work Experience - What is RAP? The purpose of the Registered Apprenticeship Program is to provide students with the opportunity to begin accumulating apprenticeship hours in a trade, while working toward their high school diploma.

What is Work Experience? Work Experience is a high school program in which students spend part of their school day or after school in the work force doing meaningful work. The program consists of three courses, Work Experience 15, 25 and 35. Students may obtain between 3 to 10 high school credits in each of these courses. (25 hours of Work Experience equals one credit). Career Transitions (CTR 1010) is a prerequisite module for Work Experience.

A student can potentially gain 30 credits if they receive 10 credits in each of the three courses. Alberta Ed will recognize up to 15 credits towards a high school diploma.

Mr. Sam Johnson is the off-campus education teacher and can be contacted about the program. Sign up now!

St. Albert Rotary Music Festival

The St. Albert Rotary Music Festival entry deadline is Jan. 23, 2010. For Senior High Band/Choir, the entry deadline is February 6, 2010.

If you sing, play an instrument, recite poetry or dance, please visit the website: www.st-albertmusicfestival.com for entry details. Audience members are welcome to attend free of charge at many locations including the Arden Theatre during the Festival which runs April 7-17, 2010. Participate in this community event now in its 33rd year, nurturing young talent in an educational environment.

Grade 12 Students – Post Secondary and Scholarship Sites

For further information, please see Mrs. Rieger, or go to

http://portal.sachs.ab.ca/post_secondary/PostSecondaryMain.html

SKYHAWK BASKETBALL TEAMS:

Junior Girls

Chelsea Hebb
MacKenzie Hoekstra
Morgan Fraser
Danielle Umbach
Calli Smith
Natalie Shaw
Melissa Marchand
Taniesha Rogers-Kumar
Bailey Sadowsky
Charlotte Cuvilier
Brianne Peck
Christina Roth
Kaleigh Herald

COACH: Laura Coco
ASSISTANT COACH: Erica Low

Junior Boys

Andre Leduc
Dale Hansen
Craig Trischuk
Max Carter
Lane Gauvreau
Tarren Luck
Landon Wenger
Emery Mindana
Matt Clayton
Mateo Berrio
Eric Baxter
Chris Spiwek
Daniel Robertson

COACHES: Jen Wosnack
& Amanda Bruno



Senior Girls

4	Tricia McFarlane	Forward
5	Kendall Lydon	Forward
7	Hilary Annich	Guard
8	Andrea Heavener	Forward
9	Stephanie Gartner	Forward
10	Shelby Hucul	Guard
12	Lisa Rombough	Forward
13	Jennifer Larison	Forward
15	Courtney Gogowich	Post
16	Katie Burak	Forward
21	Zoe Downing	Guard

COACHES: John Dedrick & Paige Gaudreau

Senior Boys

4	Matt Woodland	Guard
5	Greg Lefebvre	Guard
6	Ryan Hickle	Guard
7	Logan Kurlovich	Forward
9	Franz Sanchez	Forward
10	Nick Lohmeier	Post
11	Ben Brodhead	Post
12	Tanner Doll	Post
13	Cole Aikens	Post
14	Jordan Denault	Forward
15	Jackson Wenger	Forward

COACH: Scott Dedels
ASSISTANT COACH: Doug Ducharme
SCHOOL LIASON: Garret Doll

FOOTBALL AWARD WINNERS:

JUNIOR

TEAM MVP	Tyler Demers
MVP OFFENSE	Danton Tait-Vanderheid
MVP DEFENSE	Nathan Mitchell Josh Hauptman
MVP LINEMAN	Vince Bruno Luke Lewandoski
SKYHAWK SPIRIT	Emery Mindana
MOST IMPROVED	Anthony Servidio

SENIOR

TEAM MVP	Mark Sutherland
MVP OFFENSE	Jean-Luc Bugeaud
MVP DEFENSE	Keaton Hoddinott
MVP LINEMAN	Brock O'Neil
SKYHAWK SPIRIT	Nick Brenneis
MOST IMPROVED	Brett Evers Spencer Dobko

ROOKIES OF THE YEAR

Tanner Doll &
Mike Spagnolo



**Junior Girls Volleyball Team
 Metro Edmonton High School
 City Champs 2009
 (second year in a row!)**



HOLY FAMILY PARISH MASS TIMES

75 Poirier Avenue
St. Albert, AB T8N 6A1
Phone: 780-459-3694 Fax: 780-460-4239
Emergency Ph.: 780-460-2774
E-mail: hfp@interbaun.com
Website: www.holyfamilyparish.ca

Saturday at 5:00 p.m.
Sunday at 9:00 a.m., and 11:00 a.m.
Youth Mass, Sunday at 6:00 p.m.

Weekday Masses:
Monday - Saturday 9:00 a.m.

ST. ALBERT CATHOLIC PARISH

7 St. Vital Avenue
St. Albert, AB T8N 1K1
Ph: 780-459-6691 Fax 780-459-6679
E-mail: stalbertparish@shawbiz.ca
Website: www.stalbertparish.ca

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 11:00 a.m.

Weekday Masses Regular - At Main Church
Tuesday to Thursday - 8:30 a.m.
Friday at 8:30 a.m. @ Immaculate Conception,
11 Mission Avenue

COME HOME FOR CHRISTMAS

HOLY FAMILY PARISH
ADVENT & CHRISTMAS SCHEDULE

- December 9 - Advent Penitential Service
7:00 p.m.
- December 24 - Christmas Eve Masses:
5:00 p.m., 7:30 p.m., 9:30 p.m., and 12:00
Midnight
- December 25 - Christmas Day Masses:
9:00 a.m. and 11:00 a.m.
- Monday, December 31 at 5:00 p.m.
- Tuesday, January 1 at 9:00 a.m., 11:00 a.m.,
and 6:00 p.m.

ST. ALBERT PARISH
ADVENT & CHRISTMAS SCHEDULE

- December 24 - Christmas Eve Masses:
5:30 p.m., 8:00 p.m., 10:00 p.m. & 12:00
Midnight
- December 25 - Christmas Day Masses:
10:00 a.m. & 12:00 Noon
- New Year's Eve: Mass 7:00 p.m.
- New Year's Day: Mass 11:00 a.m.
(no evening Mass)

May the joy and peace of
Christ be with you all!



St. Albert Catholic High School

JANUARY, 2010

PLEASE NOTE THAT START TIMES DO CHANGE!

Final Examination Schedule

Students are to be present at posted times for instructions and calculator checks.

	Please Note >>>>>>	DIPLOMA EXAMINATIONS
	Please Note >>>>>>	** Earlier Time: Calculator Check
DATES	TIMES	SUBJECTS/COURSES
MONDAY, JAN. 25	** 8: 30 A.M. -11: 30 A.M.	CHEMISTRY 20
Calculator Check >>>		
Calculator Check >>>	** 12: 30 P.M. - 3: 30 P.M.	BIOLOGY 30
	** 12: 30 P.M. - 3: 30 P.M.	SCIENCE 10/14/10PIB
	** 12: 30 P.M. - 3: 30 P.M.	ITALIAN 20-3Y
TUESDAY, JAN 26	** 8: 50 A.M. - 12: 00 P.M.	ENGLISH L.A. 30-1 PART B
	** 8: 50 A.M. - 12: 00 P.M.	ENGLISH L.A. 30-2 PART B
	** 12: 30 P.M. - 3: 30 P.M.	ENGLISH 10-1/10-2/10-4/10-1PIB
	** 12: 30 P.M. - 3: 30 P.M.	ENGLISH 20-1/20-2
WEDNESDAY, JAN 27	8: 50 A.M. -11: 30 A.M.	SOCIAL STUDIES 30-1 PART B
	8: 50 A.M. -11: 30 A.M.	SOCIAL STUDIES 30-2 PART B
Calculator Check >>>	** 12: 30 P.M. - 3: 30 P.M.	BIOLOGY 20
THURSDAY, JAN. 28	** 8: 30 A.M. -11: 30 A.M.	PHYSICS 30
Calculator Check >>>	** 8: 30 A.M. -11: 30 A.M.	PHYSICS 20
FRIDAY, JAN. 29	STAFF MTG/ PD DAY	

The times shown **INCLUDE** this additional half hour as well as the time required for seating, instructions and calculator checks **BEFORE** the start of examinations.

Students writing non-diploma examinations are also permitted an additional half hour.

Nov./09 PLEASE NOTE THAT START TIMES DO CHANGE!

The diploma exam schedule was set by Alberta Education in Oct. 2009.

FOR IMMEDIATE RELEASE:

Event: ArtVentures
Hands-on art program for children aged 6-12

Date: Saturday, December 19, 2009, 1 - 4pm

Location: Profiles Public Art Gallery
19 Perron Street, St. Albert, AB T8N 1E5

Contact: Phone 780.460.4310 Fax 780.460.9537
Email glenda@artsheritage.ca

ArtVentures

Art comes alive in the hands of a child!

Please join us for ArtVentures, Profiles Public Art Gallery's popular hands-on children's program! This program complements Gallery exhibitions and is intended to enrich participants' understanding of the art on display. Children, ages 6 to 12, may drop in to Profiles Public Art Gallery between 1 pm and 4 pm to explore the world of art. Our next class is:

SHIFTY SHADOWS - Saturday, December 19, 2009, 1 - 4pm

Did you know that shading can make objects in a drawing look 3-D? Come to Profiles for a fun lesson on light and shadow using charcoal and conte. Our current exhibit, *Nocturnal*, features the work of Leona Cochrane, Jim Davies, Karolina Kowalski and the National Film Board film, *Madame Tutli Putli*.

Cost: \$5 per child or \$3.50 each for two or more children from the same family

Note: Adults are free, but must attend and are encouraged to participate in the fun!



Profiles Public Art Gallery
19 Perron Street
St. Albert, AB T8N 1E5
p. 780.460.4310



Parents Workshop

Kids and Drug Prevention

Date: Thursday, January 28, 2010
Time: 6:30 PM - 9:30 PM
Location: MFRC
Cost: No Charge
Register By: Friday, January 22, 2010

The Kids and Drugs program is a collaboration between Alberta Health Services, AHS-Addiction and Mental Health and the RCMP. It helps parents learn strategies to prevent their school age children (aged 8 - 15 years) from abusing alcohol and other drugs. It goes beyond providing parents with basic 'drug education' to address some of the important protective influences that parents can have.



For more information call (780) 973-4011 Ext. 6300
or email information@mfrcedmonton.com
www.mfrcedmonton.com

Pour plus d'informations contactez le 780-973-4011 poste 6300
Ou par courriel information@mfrcedmonton.com
www.mfrcedmonton.com

